

Introduction to creating a Thinking Environment®

A pathway to psychological safety



**Sustainable
Pathways**

Course Overview

You will learn how to transform your conversations, meetings (virtual & in person), discussions and leadership style so you can develop psychological safety within your teams and business.

Think Tanks

Solve your biggest challenges by learning to run think tanks, like Pixar Studios famous Braintrust.



Meetings

Transform in person and virtual meetings



Thinking

Develop breakthrough thinking



Conversations

More in depth & productive conversations



Course Features

Thinking Environment® courses are recognised for giving people the skills to create optimal environments for people to thrive and think at their cutting edge best.

Live Online Sessions

5 x 90-minute interactive sessions



Pre-written Notes & Videos

Pre-written notes and videos are provided to support your learning



Proven Results

Thinking Environment® courses are recognised all over the world



Support

Anytime access to course facilitators via email/zoom/phone for support



Great Value

The course is accessible as we want as many leaders as possible to develop the Thinking Environment®



Grow your Network

The live sessions allow you to connect and learn from leaders of different backgrounds



Investment

The course is accessible because we want as many leaders as possible to be able to develop high performing, engaging and innovative teams by embedding the Thinking Environment®

5 Live Sessions

All sessions are fun, interactive and discussion based



4 hours of offline Practice

Each participant is paired up to create working groups to practice offline



Investment of £250

£250 for the full course which includes off-line support



Lead Facilitator



Jamie Armstrong

For over 20 years Jamie has created and facilitated leadership, education and cultural change programs with companies ranging from Arup, Scottish Widows, Lloyds TSB, Now TV, BSkyB, City Building Glasgow and World Rugby.

Qualifications:

- Certified Time to Think Coach & Consultant
- Accredited NeuroLingusitic Practitioner
- Certified Strengthscope master & Spotlight Practitioner
- Sustainable Leadership, Cambridge University



Nancy Kline, Founder of Time to Think

Jamie... a force that opens people up to who they really are and allows them to make positive change and realise their dreams.



Fiona Chapman, Scottish Widows

Jamie has the knack of bringing people together and with his presence subtly creates a safe environment to allow interaction and creativity.

His work breaks the mold of 'normal' learning and development interventions.



Course Structure

**Week 1 - 5th August,
9am: Introduction to the
Thinking Environment® &
psychological safety**

Outcome: Understanding
of both concepts & how
they impact your team

**Week 3 - 19th August,
9am: Thinking Dialogue**

Outcome: Learn how to
have powerful
conversations that can
help solve the most
complex of challenges.

**Week 5 - 2nd September,
9am: Think Tank**

Outcome: Learn how to run
think tanks like Pixars
famous 'Braintrust,' to
increase team innovation
and problem solving
capability.

**Week 2 - 12th August,
9am: Thinking Pairs**

Outcome: Experience the
power and relief of
uninterrupted thinking.

**Week 4 - 26th August,
9am: Transforming
Meetings**

Outcome: Learn how to
transform your meetings (in
person & online) to increase
engagement and
psychological safety.

Workshop times:

All sessions run on
Thursdays from
9am - 10:30 am



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What people have said:



I didn't see myself as a leader before, my understanding of leadership is broader and deeper. I've noticed myself stepping forward and making contributions at work that I wasn't making before.

Ben - Diversity & Inclusion Consultant



Straight away comparing with how we used to hold meetings. Now, making the meetings less formal and comfortable has made a massive difference, people are more willing to speak up unlike before when it was all formal, they are also more productive.

Manager at large scottish construction company



The Thinking Environment Foundation Course has opened my mind to how I can get the best out of my team and myself."

Zach Cunningham - Marketing Campaign Manager

Book Now

The course price is £450, which includes:

- 5-week online course
- 5 x 90 minute live online sessions
- Pre-written notes & re-cap videos
- Access to course facilitator for support
- A network of other leaders developing psychological safety & the Thinking Environment® in their organisations

To reserve your space, email:
ciaran@sustainable-pathways.com

